

**Mandatory Courses**

**1º academic year**

Code	Course	Duration	Options	Weighting	ECTS
3930	Individual Sports I	Anual	0	8.0	8.0
4879	Collective Sports I	Anual	0	8.0	8.0
4881	Anthropology And Sports History	1ºSemestre	0	5.0	5.0
2236	Research Methodologies In Sports Sciences	1ºSemestre	0	7.0	7.0
3807	Developmental Psychology	1ºSemestre	0	5.0	5.0
4880	Anatomophysiology I	1ºSemestre	0	5.0	5.0
4883	Anatomophysiology II	2ºSemestre	0	3.0	3.0
2235	Motor Development	2ºSemestre	0	5.0	5.0
3938	Sport Management	2ºSemestre	0	5.0	5.0
3940	Biomechanics	2ºSemestre	0	5.0	5.0
4882	Academy Activities I	2ºSemestre	0	4.0	4.0

**2º academic year**

Code	Course	Duration	Options	Weighting	ECTS
4884	Collective Sports II	Anual	0	8.0	8.0
3937	Exercise Physiology	1ºSemestre	0	7.0	7.0
3934	Individual Sports II	1ºSemestre	0	7.0	7.0
1395	Theory And Methodology Of Sports Training	1ºSemestre	0	8.0	8.0
1289	Option I	1ºSemestre	4	4.0	4.0
1290	Option II	2ºSemestre	2	5.0	5.0
4886	Academy Activities II	2ºSemestre	0	4.0	4.0
1310	Sports Pedagogy	2ºSemestre	0	7.0	7.0
2569	Motor Control And Learning	2ºSemestre	0	5.0	5.0
4885	Traumatology And First Aid	2ºSemestre	0	5.0	5.0

**3º academic year**

Code	Course	Duration	Options	Weighting	ECTS
3946	Introduction To Professional Practice	Anual	0	20.0	20.0
3944	Adapted Sports	1ºSemestre	0	6.0	6.0
3336	Sports Animation	1ºSemestre	0	7.0	7.0
4893	Nutrition In Sports	1ºSemestre	0	4.0	4.0
1291	Option III	1ºSemestre	4	3.0	3.0
3943	Sports Psychology	2ºSemestre	0	6.0	6.0
4894	Nature Exploration Activities	2ºSemestre	0	8.0	8.0
3939	Sociology Of Sports	2ºSemestre	0	6.0	6.0

**Optional Courses**

**Option I (1289)**

Code	Course	Duration	Weighting	ECTS
4889	Tennis	1ºSemestre	4.0	4.0
4888	Skating	1ºSemestre	4.0	4.0
4887	Judo	1ºSemestre	4.0	4.0
4890	Table Tennis	1ºSemestre	4.0	4.0

**Option II (1290)**

Code	Course	Duration	Weighting	ECTS
4891	Evaluation And Prescription Of Exercise	2ºSemestre	5.0	5.0
4892	Planning And Evaluation Of Training	2ºSemestre	5.0	5.0

**Option III (1291)**

Code	Course	Duration	Weighting	ECTS
4898	Beach Volleyball	1ºSemestre	3.0	3.0
4897	Rugby	1ºSemestre	3.0	3.0
4895	Korfball	1ºSemestre	3.0	3.0
4896	Indoor Soccer	1ºSemestre	3.0	3.0